

The DO-DAH Song

WRITTEN BY DISTRICT 15 MEMBERS
Ruth, Olga & Ann

Al-Anon you welcomed me.....**DO-DAH, DO-DAH**
Showed me what I could not see.....**OH DO-DAH DE**

Heard my problems, shared my pain.....**DO-DAH, DO-DAH**
And slowed down my control campaign.....**OH DO-DAH DE**

ONE DAY AT A TIME I'M LEARNING TO LET GO
KEEP THE FOCUS ON MYSELF
DON'T HAVE TO RUN THE SHOW

Today I face reality.....**DO-DAH, DO-DAH**
And seek - my own recovery.....**OH DO-DAH DE**

Life is painful but worthwhile.....**DO-DA, DO-DAH**
Keep on working that's my style.....**OH DO-DAH DE**

LOVE MY LOVED ONE SO - PRAY FOR THEM EACH DAY.
GIVE THEM ALL THE LOVE I CAN - AND LET THEM GO THEIR WAY.

LOVE MY LOVED ONE SO - PRAY FOR THEM EACH DAY.
GIVE THEM ALL THE LOVE I CAN - AND LET THEM GO THEIR WAY.