

Interested in a service opportunity beyond your group level? Contact District Office at (510) 276-2270 for more information.

Newsletter contains information from the most recent District Meeting, NCWSA, WSO, as well as individual submissions.

The District Meeting is held on the 3rd Saturday of every month at St. Leander's School, 451 Davis Street in San Leandro. All are welcome.

The Serenity Prayer

God, grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference*

Recovery through Steps Step Six: Were entirely ready to have God remove all these defects of character.*

Unity through Traditions Tradition Six: Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.*

Service through the Concepts Concept Six: The Conference acknowledges the primary administrative responsibility of the Trustees. *"I value when everyone owns their part. I try to be grateful for the chores my spouse is doing. We are working on being a flexible and efficient team"*. (From Concept VI discussion at District 15 Business Meeting.)

*Reprinted with permission of Al-Anon Family Group Headquarters, Inc

Email Change

Please note the Newsletter email changed to wedotwelve@gmail.com.

Service Opportunities at the District Level

Secretary, Co-Treasurer, Answering Service Coordinator, Office Coordinator and Archives Coordinator service positions are available. Contact District 15 office at (510) 276-2270 or come by District 15 business meeting every 3rd Saturday in San Leandro for more info.

District 15 Day in Al-Anon

Save the date! On October 3rd 2015 District 15 will be celebrating a gift of the program through recovery, unity and service. We have a great number of service positions to choose from. A wide variety of service positions is available: Co-Chair, Publicity Flyer, Pre-registration, Table Registration, Spanish Liaison, AA Liaison, Food Coordinator, Decorations, Alathon Coordinator, Silent Auction, Raffle Chair, Set-Up, Clean-Up, Event Signs.

Newsletter Editor: wedotwelve@gmail.com ♦ District 15 Office: ezduz@sbcglobal.net (510) 276-2270

District 15 Website: www.ncwsa.org/d15 ♦ Northern California World Service Area Website: www.ncwsa.org

World Service Organization Website: www.al-anon.alateen.org/members/ (log-in is group name followed by "afg")

If you are interested in being of service in organizing the event, please contact the District Office at (510) 276-2270 or send an email to ezduz@sbcglobal.net with your name, number and the best time to reach you.

Thank you for volunteering for the Committee Service Positions!

Chairperson - Britt

Literature Table – Dolores

Alateen Liaison – Christina

Caroline volunteered for Craft Table

Calendar of Events/Workshops

Monthly Fellowship Event: Thursday Night Choices Meeting group is hosting the event on June 27th, 2015 at 6:00pm at the All Saints Episcopal Church, 911 Dowling Blvd., San Leandro, CA. This is a small group and they need as much help as possible with set up, clean-up and other small chores. Bring food for your family and a little to share. All are welcome! The Thursday Night Choices AFG is a small group. We appreciate any help we can get during the event. Thank you!

Other Districts' Events: Check out NCWSA Calendar at <https://www.ncwsa.org/events-calendar>. June 26th – 28th 1st NoCAC Bash “*Birds of a feather, flock together*” at Liberty Glen Campground 3333 Skaggs Springs Rd Geyserville, CA. Suggested donation is \$20. Minimum age for attendance is 12.

July 11th Saturday D17 Day in Al-Anon from 9:00 am to 7:00 pm at Calvary Chapel Fremont 42986 Osgood Rd in Fremont, CA. Suggested Donation: \$20
SAVE THE DATE Al-Anon’s Sixth International Convention in Baltimore Maryland on July 6-8 2018. <http://www.al-anoninternationalconvention.org/>

Workshops

Sunday July 5th 10:00am to 12:30pm North Bay Spanish Intergroup AMIAS Training & Workshop at Oficina del Intergupo Español, Norte 405 Grand Avenue, Suite 204 South San Francisco, CA.

Saturday July 25th from 1:00 pm to 4:00 pm D15 AMIAS Training at First Presbyterian Church of Hayward 2490 Grove Way in Castro Valley, CA. Suggested donation: \$5

Institutions Outreach

The first District 15 Institutions Outreach training will be held on Saturday June 27th from 10:00 am to 12:00pm at the Cornerstone Fellowship in San Lorenzo. We are sponsoring the training in collaboration with our San Francisco Al-Anon Institution outreach friends. San Francisco has been doing this outreach work for a long time and the current and in-coming coordinators will walk us through the steps for doing effective Institution outreach and support. If you would like to participate in Institution outreach, please send an email to wedotwelve@gmail.com

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New Meetings

Oakland 6:30-6:45 pm Beginners meeting for anyone, 7-8 pm Regular meeting
Wednesday Parents AFG *** Open meeting. All are welcome ***
Kaiser Mosswood Building, 11th floor Conference Rooms 1173-1172 (Beginners meeting in 1171
or 1172 - NEW starting March 4, 2015) 3505 Broadway Oakland 94611

Oakland 5:00 – 6:00 pm Thursday Practice These Principles AFG ID# 30655761
Kaiser Mosswood Building, 11th floor Conference Room 1172 3505 Broadway Oakland 94611

Literature Depot Corner

Dolores G., Literature Depot Coordinator, brings yet another wonderful piece of Conference Approved Literature that helps us to enhance our recovery: **Lois Remembers**. This is one of my favorite Al-Anon books. I read it eagerly during my first year in the program. The book tells of Al-Anon's beginnings as recalled by our co-founder, Lois W. She also describes many eventful years leading up to the founding of AA and Al-Anon. I wish I'd had a chance to meet this remarkable woman. The book is in soft cover, illustrated and indexed. Item B-7 is available in the D-15 book store. The cost is \$11.

The Forum: Click the link below for the June 2015 articles at <http://www.al-anon.alateen.org/the-forum-magazine>

Alateen Corner

Alateen, part of the Al-Anon Family Groups, is a fellowship of young people whose lives have been affected by alcoholism in a family member or close friend. We help each other by sharing our experience, strength, and hope.

Upcoming events

- June Monthly Fellowship Event Alateen speaker to be advised.
- NoCAC 1st Bash is June 26-28, 2015 at Liberty Glen Campground: 3333 Skaggs Spring Rd., Geyserville, Ca 94580. Suggested donation is \$20. For more information: www.ncwsa.org/events.
- If you're interested in learning more about Alateen service our 2nd Annual AMIAS Training will be July 25th from 1 to 4 p.m. at First Presbyterian Church of Hayward in Castro Valley (next to Trader Joes).
- NoCAC Second Bash is August 21-23, 2015 at Big Meadows Campsite in Stanislaus National Forest, CA. Suggested donation is \$20. For more information: www.ncwsa.org/events.

(Bash's are camping trip fundraisers for NoCAC scholarships - minimum age is 12 years old)
The **Alateen Express** is the official newsletter for Alateen groups of the Northern California World Service Area of AFG, Inc. Check out the Spring 2015 edition at <https://www.ncwsa.org/newsletters/#alateenexpress>

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The Alateen family would like to thank everyone for your generous donations.

Alateen share by Anonymous

This year's woods was the best so far. I have been to the last 4 GTWs, but I would only talk to people from my home group. In the last year I have been getting more and more involved, I've gone to events and I've shared. It was also nice to see the people I met there. These are the only people I love seeing, I may only remember their faces and not all of their names, but again I love these people. I'm so grateful for you guys just being there.

Growing up I always resented my mom not sending me to any type of summer camp, now I realized this is my summer camp experience. It makes me so happy I get to share it with people who are so kind, who helped me, and all my Alateen friends get there. Everyone who donated money for scholarships, I promise you not one cent went to waste. I'm also grateful for the sponsors who drove us out there and back. They are awesome, and I know the best thank you I can give everyone is service.

Reminder: Alateens are always welcome to attend any Al-Anon meeting. (Service Manual P-24/27, page 33.)

Public Information Corner

This report comes from Kathleen Z, D15 PI Coordinator:

Please join me in thanking for their service at the Children's Faire:

Rocky V Carmen T Danielle V Elaine H James H Kathleen Z

After the May 2 Cinco de Mayo Celebration, our next event was the 4Cs Children's Faire on May 16. We spoke to approximately 500 people, and gave out 2500 pieces of Al-Anon/ Alateen literature.

Al-Anon Family Groups participates in various community events to introduce to the public how Al-Anon and Alateen helps families who are suffering from effects of someone else's drinking. We give them Serenity Prayer bookmarks, pamphlets such as "Detachment" and "Freedom from Despair", meeting schedules, and let them know it's okay to love an alcoholic and they don't have to struggle alone. We carry the message, reaching out to let them know there's a chair waiting for them in our meetings.

We are now signing up volunteers for these events:

- Sunday June 28th San Francisco Pride Celebration Equality Without Exception
11 AM-6 PM Civic Center /UN Plaza San Francisco
Al-Anon information table will be in the Sober Stage area (a sheltered, alcohol-free zone)
- Saturday July 11 Castro Valley Pride Celebration Awareness, Community, Diversity

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12:00 – 5:00 pm Castro Valley High School Stadium Plaza
19501 Redwood Road, Castro Valley

SAVE THE DATES: Al-Anon/Alateen is registered to participate at these events

- SAT AUGUST 15 ALLEN TEMPLE BAPTIST CHURCH, OAKLAND
- SAT OCT 10 ASHLAND CHERRYLAND FAM FEST, SAN LEANDRO

Please help us practice the 12th Step by spreading these announcements.

Member Shares

“Al-Anon made us better parents. An addicted son taught us that we had to redefine our role as parents and Al-Anon provided the support. He wasn’t the little boy that we had brought home from the hospital, even though we wished he were. Then we could protect him. Indeed, he had grown into a loving and intelligent young man who had this terrible disease of addiction. We had to learn how to let go with love and trust his life and recovery to his Higher Power. Al-Anon provided the tools. Al-Anon enabled us to put our lives back together.” *William C., South Carolina The Forum, May 2015 p. 11* (reprinted with permission of *The Forum*, Al-Anon Family Group Hdqts., Inc., Virginia Beach, VA.)

Please consider submitting your shares of experience, strength and hope to be included in our monthly newsletter. Please send your shares to wedotwelve@gmail.com

What is your favorite slogan? What tools of the program do you use on a daily basis? How is a service position important for your recovery? How do you track your progress? How does being a Sponsor help with your own recovery? What does Step 7, Tradition 7 and Concept 7 mean to you? What are you struggling with today? What keeps you coming back to the program?

Online Al-Anon Outreach:

Did you know there are Al-Anon meetings via email as well as real-time chat? They are offered in English, Spanish, Japanese, Italian, German, French and Portuguese. For more info, click: <http://www.ola-is.org/>.

In Service,
Ramilya B., D15 Newsletter Editor

Please send suggestions, corrections, shares and any other information to wedotwelve@gmail.com.

PS: A pdf version of the newsletter is available at the District website
<http://www.ncwsa.org/d15/>

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